

**Nancy Southern, MSW**  
**Energetic Life Coach**

I understand that I am participating in this Energy Balancing coaching session with Nancy R. Southern as facilitator. I understand that I am in total charge of my experience with the methods/processes as explained to me in this session. If anything should feel inappropriate for me, I will say so.

I understand that I am participating in this session to better appreciate my own unique process. I acknowledge it is optional to choose to release any blocks or change behaviors, which may have prevented me from achieving my goals in the past.

I further understand and agree that no medical diagnosis, prognosis or treatment is expressed or implied by this session. Any mental, emotional or physical change I may experience is a result of my own ability to learn, grow, reeducate and heal myself.

I agree to give 24 hours notice if I am unable to keep an appointment. I am responsible for payment for any missed appointments. For telephone appointments, I agree to pay in advance if by check or the day before the appointment when using the online charge option. If for any reason, Nancy Southern cancels without 24 hours notice, I receive an additional session at no charge.

Signature \_\_\_\_\_

**Please Print Below:**

Name: \_\_\_\_\_

Postal Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date \_\_\_\_\_