

Tap into the Healing Power Within You



- Is some persistent physical or emotional pain preventing you from living as fully as you desire?
- Are you frustrated, discouraged or angry that you can't do what you want to do because this "pain or heartache" gets in the way?

Consider these 3 Questions:

1. What if your body is the messenger and your pain or suffering carries a message?
2. What if, once you receive the message, the pain or upset is free to move out of your body?
3. How many ways are you trying to 'kill the pain', without realizing the message it's trying to give you?

*Whether your pain is physical, emotional or mental,
there is hope for relief in ways you may not be aware of.*

This workshop provides a sacred space to:

- Learn to listen to your body
- Receive the message it has for you
- Gain the relief you desire

When: Saturday, December 3rd
1:00pm to 5:00 pm

Where: The Fillmore Center
924 A 14th St
Bellingham, WA

(On the corner of 14th & Fillmore
Use the Fillmore Street entrance.)

Cost: \$88

*However, if you register and pay by
November 30th you pay only \$55*

Contact me today and
Give yourself a chance for relief.

Call to reserve your spot.
360-306-8528
happytapping@gmail.com



Nancy Rose Southern, MSW
Creative Life Coach, Reiki Master, EFT Practitioner